

International Road Safety Training Ltd.

A13 Eastbound, Orsett, Grays Essex RM16 3AY

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IRST Joining Instructions 2023 Kendrew Barracks- Entrance Via Main Gate

Cottesmore Road, Cottesmore, Rutland, LE15 7BL

Drivers **must** be on site for **07:30** to start **no later** than **08:00** hrs.

On arrival at Security, let them know you are here for IRST.

You must have a UK form of ID on you to show them upon arrival- YOU WILL NOT BE ALLOWED ON SITE WITHOUT THIS.

When you arrive to the gate your ID will be checked by the site then you will be directed to the community centre car park.

Upon Arrival:

- → Please show a form of UK Identification (UK driving licence/ UK passport)
- → This is an active site. Please always follow instructions of IRST and site personnel.
- Do not wander outside of the training area that is coned off!
- → No filming or photography is allowed on site. Thank you for your cooperation.

<u>All drivers</u> must wear **safety shoes** and a **waterproof jacket** and **company PPE**. The attached <u>'Safety Rules'</u> must be followed. During the skid foil exercises, some drivers may lose control of their vehicle and therefore it is necessary to stand well clear of this area.

Lunch will be served at $\underline{13.00}$ hrs (this may be subject to change), and the day will end between $\underline{16.30}$ hrs and $\underline{17.00}$ hrs.

<u>Seat belts must be worn at all times</u>. When a vehicle spins on the side foil, the action can be quite violent. If this is so then please hold on very tight until you come to a complete stop. Passengers may only be carried in vehicles fitted with seat belts.

FAIR PROCESSING NOTICE:

In compliance with the General Data Protection Regulation 2018 International Road Safety Training Ltd wishes to advise its customers of the collection of personal data from their respective drivers.

IMPORTANT: please always respect the speed limits on all public roads.



Kendrew Barracks
(RAF Cottesmore- Former)

Access via the Main Gate
Cottesmore Road, Cottesmore
Rutland
LE15 7BL
WWW.IRST.CO.UK
info@irst.co.uk



Must arrive at 07:30 and have your UK Driving Licence or UK passport.

You will not be allowed on site without this.

A1 Northbound

- Exit the A1 at the Oakham Slip Road
- At the T Junction turn left onto Greetham Rd
- Follow Greetham road 3.5 miles until you reach the bend then turn onto Rogues Lane
- Follow the road down via Rogues Lane- this will lead you onto Cottesmore Road
- Follow the road until you reach the main gate- please pull over onto the righthand side then speak to security.

A1 Southbound

- Exit the A1 at B668
- At the first roundabout take the 3 rd exit to B668 under the bridge
- At the 2nd roundabout take 1st exit to Greetham Road
- Follow Greetham road until you reach the bend to Toll Bar
- Follow the road down via Rogues Lane- this will lead you onto Cottesmore Road
- Follow the road until you reach the main gate- please pull over onto the right hand side then speak to security.



